



# **QUARTERLY REPORT**

Q1 2023 • JANUARY-MARCH

**EAST PRECINCT** 



# **SUMMARY**

CITY-WIDE, YEAR-TO DATE

950

**CLIENTS** 

At the end of Q1 2023, LEAD/CoLEAD's Seattle roster contains 950 clients.\*

3,327

SUBSTANTIVE MEETINGS

LEAD case managers conducted 3,327 meetings with LEAD clients to address unmet needs and work towards client goals.\*\*

124

**REFERRALS** 

LEAD/CoLEAD received 124 referrals for individuals needing support.

**Q1** 

02

Q3

**Q4** 

#### A CLOSER LOOK

- \*This includes active clients who are working with case managers on goals, as well as a smaller number of outreach clients who are in a rapport-building process with case managers. It also includes a small number of alumni clients who may be largely stabilized and self-sufficient, but for whom continued case manager support is beneficial as they set up their lives even if it's just a few check-ins per year.
- \*\* LEAD has undergone a series of <u>performance evaluations</u> to test client outcomes, recidivism, and other metrics. One study found that each meeting between a LEAD client and LEAD case manager increases that client's likelihood of gaining shelter by 2%, and their likelihood of gaining permanent housing by 5%. The actual likelihood of gaining these resources depends on many factors, including the regional supply of shelter and housing.





## **ACCOMPLISHMENTS**

CITY-WIDE FOR THE QUARTER

- 130 Connections to behavioral health programs
- **224** Connections to substance use treatment
- **277** Connections to legal services
- 104 Clients establishing a stable income source

#### A CLOSER LOOK

For some LEAD clients, any substantive engagement with a case manager is a huge win. For all LEAD clients, every substantive meeting with a case manager is one step closer to stability.

LEAD clients often face additional barriers to housing, shelter, and other resources. For many LEAD clients, a LEAD case manager is the first form of interpersonal support in years. As a result, LEAD case managers are often required to engage in the slow task of building rapport and trust with LEAD clients before the arduous work of resource acquisition begins.





## **COMMUNITY IMPACT**

#### COORDINATION FOR MENTAL HEALTH IN EAST PRECINCT



Ongoing coordination between social workers and law enforcement officers bolsters the efficacy of the long-term, evidence-based case management that LEAD clients receive.

In East Precinct, the LEAD program's notable successes have involved building and maintaining a robust relationship with SPD, wherein social workers collaborate closely with officers on the ground in order to identify, locate, and work with folks in need of community based care. This collaboration has resulted in a number of new LEAD clients whose behavior was garnering law enforcement interactions and who otherwise might have ended up in jail.

This coordination is important because a lot of our LEAD clients within the East Precinct have higher acuity mental health needs. Individuals with serious mental illness may more frequently experience disorganization or difficulty communicating and require additional services, like medication management, to maintain stability. Of course, for those living unhoused, these tasks are even further compounded by logistical necessities of survival.

Thus, LEAD's work with these clients is highly complex and spans a variety of intersecting needs: supporting unhoused clients in street-based survival, managing medications, obtaining crucial documents, applying for undersupplied supportive housing, and working to gain self-insight and direction. LEAD accomplishes this by dedicating additional support teams, engaging in persistent and skilled rapport building, frequently doing creative problem solving, and intensive coordination with community, law enforcement, and other service providers.





### **ONE CLIENT'S JOURNEY**

Our stories are unique and are shaped by the resources available and barriers we face. This is one Seattle LEAD client's story.

Our client, "Ben," is a veteran in King County experiencing homelessness. With the support of his LEAD case manager, he was able to complete his paperwork and was approved for a federally funded veteran's housing subsidy. To qualify, one must be honorably discharged, have appropriate documentation and a source of income, be disabled, and meet the federal designation for chronic homelessness – defined as homelessness spanning at least 12 months. For many, the nuanced rules of the chronic homelessness designation pose a barrier to accessing resources. For example, if someone is in jail, at an inpatient hospital, a mental health facility, or a substance use disorder treatment facility for at least 90 days, they lose their chronic homelessness status and become ineligible for housing types that require it.

Having applied and met the requirements, Ben is now on the waitlist for housing and will be able to move in once a unit becomes available, but the application process took years. Although case managers can assist clients, the process still requires consistent



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engagement and organization on the part of the client. Like many other eligible people, Ben, who has PTSD and significant memory challenges in addition to living unsheltered, found this process to be a serious barrier.

While waiting for a housing spot, Ben's LEAD case manager has been working to assist him with immediate needs, including helping him get into a shelter in the colder weeks at the start of the year. Historically, cohabitation within a shelter and navigation to and from a shelter has been an issue for this client, in large part due to his PTSD and memory challenges. His case manager has also been working to support him by creating prevention plans, helping him reconnect with the shelter, and assisting him with renewing his reduced fare bus pass before it expired.





#### **ABOUT LEAD & COLEAD**

Law Enforcement Assisted Diversion (LEAD) is a widely replicated community-based, pre-booking diversion model that was designed and first implemented in Seattle/King County. CoLEAD utilizes the model and lessons learned from LEAD to provide temporary lodging and intensive case management.

### **PARTNERS**

LEAD is governed under an interjurisdictional memorandum of understanding by a Policy Coordinating Group (PCG), to which the project management team reports. The PCG sets policy and approves all operational protocols for LEAD work.

PDA provides project management for Seattle LEAD and subcontracts with REACH, a program of Evergreen Treatment Services, to provide LEAD's outreach and case management services.

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KING COUNTY COUNCIL
KING COUNTY PROSECUTING ATTORNEY'S OFFICE
KING COUNTY SHERIFF'S OFFICE
KING COUNTY EXECUTIVE'S OFFICE

SEATTLE CITY ATTORNEY'S OFFICE SEATTLE CITY COUNCIL SEATTLE MAYOR'S OFFICE SEATTLE POLICE DEPARTMENT



